



## THE STORY BEHIND THE BBQ KITS

There is nothing better than grilling outdoors during the summer time. By the pool, beach or just in the backyard, everything tastes better off the grill and outside with a cold beer, a glass of wine or a lemonade. A few years ago I started preparing these “BBQ kits” for friends and regulars for weekend outings. I always found it easier to do the work in my kitchen and that way you can just pull the kit out, throw it on the grill and take all the credit. All items come with cooking instructions as well as a few serving recommendations. All orders need to be placed 48 hours before pick up and will be frozen to make for easy traveling.

Here's to a great summer of food and friends.

-Chef Josh Capon and crew.



## The Summer 2012 BBQ Kit Menu

### **New Zealand Rack of Lamb**

Two half racks (serves 4) marinated in fresh rosemary and garlic. Comes with a homemade Dijon BBQ sauce to give it a nice tangy glaze. \$56

### **B&B Bash Burger Pack**

Eight 6oz patties, bacon-onion jam, pickles, secret sauce, American cheese and Buns. Everything you need to recreate the Award winning Bash Burger in your backyard. \$48

### **Sausage and Peppers**

5 lbs of sweet Italian sausage ready for the grill. Comes with fire roasted peppers and onions. Ideal for making a sandwich or tossing with pasta for a Sunday night dinner (or any night). \$38

### **Half Chickens**

Four Semi-boneless half chickens (breast and thigh intact), marinated in fresh herbs, EVOO and garlic ready to hit the grill. Finish with fresh lemon or your favorite BBQ sauce. \$36

### **Chicken Breasts**

Four boneless chicken breasts marinated in fresh herbs, EVOO and garlic. Finish with BBQ sauce or simply slice and serve. Great for salads, sandwiches or Gyros. \$28

### **Filet Mignon**

Four 8 oz filet mignon cleaned and tied ready to hit the grill. Just season with some kosher salt and black pepper and go. \$62

### **NY Sirloin Steaks**

Two 12 oz NY sirloin steaks. Super easy to cook. Makes a great entree or perfect to slice and serve over salads and for steak sandwiches. \$48

### **BBQ Chicken Drumettes**

24 pcs chicken wings, already cooked and tossed in a tangy BBQ sauce. Just throw them on the grill, heat them up and give them some color and take all the credit. \$36

### **Red Dragon Shrimp Skewers**

Nine skewers, 3 shrimp on each skewer, marinated in red chiles and golden garlic. Season with salt and pepper and grill. Makes a great lunch served over a salad, or fast and easy Hors d'Oeuvre. \$54 Serve with any of the above steaks for a great surf & turf.

### **Green Dragon Shrimp Skewers**

Nine skewers, 3 shrimp on each skewer, marinated in jalapeno, cilantro, scallions and ginger. Season with salt and pepper and grill. Makes a great lunch served over a salad, or fast and easy Hors d'Oeuvre \$54 Serve with any of the above steaks for a great surf & turf.

Orders must be received and confirmed on Wednesday 5pm.

Call 212 334 7320 or email [Carmelo@burgerandbarel.com](mailto:Carmelo@burgerandbarel.com) with order details or questions.